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Summer Clinic Happenings

Take a look at our summer camps, groups, and intensives we will be offering this summer. Accepting open enrollment now through May 1st!

A.B.S. Behavioral Services Summer Camps, Groups and Workshops

All camps, groups, and workshops are led by skilled behavior therapists, a Special Education teacher, and supervised by Board Certified Behavior Analysts. Those individuals with an autism diagnosis and prior authorization can be billed to insurance. New clients need a short evaluation before beginning camps and groups.

Camps

Kindergarten Boot Camp

Each week we will present a fun theme for children to work on essential skills needed to be successful in preschool or kindergarten. Topics covered are social skills, conversations, appropriate play, sharing and taking turns, sportsmanship, being a good friend, listening and following directions, staying on task, and math and reading. Our goal is to provide the social, behavioral, and academic skills necessary in preschool or kindergarten while fostering meaningful friendships along the way! We also do weekly community outings to practice these skills in new locations!

ABA Intensive Camp

Each week will have an exciting theme where children can work on functional behavior and pre-academic skills in an intensive yet fun approach. Topics covered include language and communication, attending, staying on task, flexibility, accepting no, play and social skills, challenging behavior reduction, and prerequisite school skills.

Social Skills Group

Early Elementary (Ages 5-7)

This group will teach kids how to build and maintain meaningful friendships through learning. Topics include greetings and conversation, how to be a good friend, conflict resolution, perspective taking, problem solving, and sportsmanship. This group is a great fit for kids who want to make friends but may not always know how to do so.

Social Skills Group (Cont.)

Late Elementary (Ages 8-10)

The late elementary school group will build on skills taught in the early elementary school group and will expand on them by teaching more subtle cues, why kids and adults might hide their intentions, how to deal with hidden intentions, and more complex conflict resolution. This group is a great fit for kids who know the basics of social skills but are finding it hard to keep up as friendships become more complex.

AIM for Middle School (Ages 10-12)

The AIM group for Middle Schoolers will focus on working as a team to learn strategies that help us think in a more flexible, open, and creative way so that we can stay positive and work towards the things that are most important to us. Students will be a good fit for this group if they have age-typical language skills and are interested in finding ways to beat their stress to get the most out of life.

Workshops

Sibling Workshops

Each hour-long class will break down sibling conflict. Some common topics covered include: sharing/taking other's belongings without permission, aggression with one/both siblings, personal boundaries with rooms, items, and space, arguing, and lack of closeness or liking of one another. The goal of these classes is to establish a realistic solution for fighting and conflict between siblings and hopefully in return create an appreciation (or at least tolerance) for one another!

Listening 101

This class will focus on typical day to day struggles, meltdowns, off task, "shut-down," or refusal behavior during common routines and directions presented in the home or community. Topics covered include morning/bedtime routines, transitions, finding appropriate ways to entertain themselves, or working on common day-to-day directions and routines.

Rigid Thinkers

This class is designed for those kids who have trouble thinking or acting in a flexible way when there is a change in routine, expectations or rules are different from their own, when trying something new, or when playing and/or talking about things in a different way.

Call or email for more information or to sign up!

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OT Summer Groups & Clinics 2018!

All clinics, groups, and intensives are led by skilled occupational therapists (and some will be co-led by a behavioral therapist) and can be billed to insurance. Groups can be done in addition to or in place of 1:1 OT for the summer. New clients need a short evaluation before beginning groups.

Special Skill Clinics:

Learn a new skill or brush up on a challenging one by spending a few sessions, 1:1 with an occupational therapist.

- **Bike Riding Clinic:** *Bring your child's bicycle & helmet to the clinic & let an expert OT teach them how to ride it!! Bike clinics take place outside. We aim for independence in 4 sessions*
- **Ice Skating Clinic:** *work with our OT & expert skater on praxis, strength and coordination on the ice! (6 session commitment, meets at local ice skating rink).*
- **Shoe Tying Clinic:** *We guarantee your child will have the tools to independently tie a bow after one 55-minute clinic!*

Small Groups (led by multiple disciplines):

Spend 6 sessions being social in a peer rich environment with the expertise of an occupational therapist, speech therapist, and behavioral therapist! Social skills and team building activities will be worked on while focusing on the group topic.

- **Yoga Group**
Come join our occupational therapist and certified yoga instructor as she guides your child through a fun-filled and grounding yoga group. Each week the yogis will get together to explore movement through postures (asanas) and breathing (pranayama). This group will target mindfulness and self-regulation, motor planning, bilateral coordination, strengthening, flexibility and balance. Above all, our goal is for your child to have fun and feel good in their bodies and movement! Yoga group will be led by an OT and a behavioral therapist.
- **Timber Ridge Tumblers-Gymnastics Group**
Leap, jump, & flip into Timber Ridge Tumblers where every child will score a perfect 10. Timber Ridge Tumblers will encourage and challenge your child to try new skills in a safe environment. This class will work on many skills including bilateral integration, motor planning, core strength, balance, social skills, and coordination through the sport of gymnastics. Tumblers group will be led by an OT and a behavioral therapist.
- **Social Lunch Bunch**
Does your child have a limited diet with specific aversions to tastes, smells, colors, textures, etc.? Let's work on expanding the food repertoire in a fun group setting! Lunch Bunch will be led by an OT, a ST and a behavioral therapist.
- **Handwriting & Creative Writing**
Prevent the "summer slide"! Have your child work on their writing in a creative, weekly-themed OT group! Focus on executive functioning, handwriting, and fun!
- **Sports Group**
Does your child shy away from team sports? Join us to learn the basics of soccer, baseball & basketball. Focus will be on ball skills, team building, and helping your child feel comfortable joining a team, or joining friends at recess. Sports group will be led by an OT and a behavioral therapist.
- **Social Sensory Scene**
Join some peers and learn self-regulation techniques in a super-fun sensory gym! Yoga group will be led by an OT, a ST and a behavioral therapist.

Executive Functioning (EF) Series:

It's time to work on time management, planning, sequencing & organization! The EF Series is a 6-week commitment and will be offered as 1:1 sessions or small groups.

- **Ninja Warriors EF**
Work on planning and sequencing in a challenging gross motor environment utilizing swings, climbing wall and other equipment.
- **Board Game Creation EF**
Plan, sequence, and create your very own board game!
- **Cooking EF**
Let's work on executive functioning in the kitchen! We'll work on following recipes, precise measuring, and cooking up some fun!
- **Time Management EF**
Is your child always late? This session will work on timing, rhythmicity, and techniques to get it done on time!
- **Basic EF**
Work on basic executive functioning including keeping a calendar/schedule, setting reminders, and getting organized.

Craft Series:

Let's work on fine motor skills, planning, and organization through crafts! The Craft Series is a 6-week commitment and will be offered as 1:1 sessions or small groups.

- **Slime Central**
We will make a different slime each session. We make slime therapeutic (& keep it off your carpet)!
- **Camp Crafts (lanyard, friendship bracelets, beading, paracording)**
Fun camp crafts are the focus while working on underlying praxis and fine motor skills.
- **Knitting**
- **Sewing**
Learn a new skill with an expert OT!

Intensives:

Intensives are OT sessions 3-4 times weekly over a short period of time and have been shown to boost progress in a variety of skill areas.

Call or email for more information or to sign up!

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Wee Speech Summer Camps, Groups and Intensives 2018

Wee Speech will be offering additional opportunities for your child to improve their speech and language this summer. The following groups are in the planning process. Your child does not need to currently be in speech to enroll in these summer programs.

Apraxia Camp- ages 4-7 9:30-11, July 9-12, 7/16 – 7/19; 2nd session 7/23-7/26, 730 – 8/2 (Minimum 3 participants) \$ 490 (per session; THESE SESSIONS ARE NOT BILLABLE TO INSURANCE)

Looking for fun while improving your child's speech skills? This two week intensive program will be theme based using movement activities, crafts and games. Your child's current speech goals will be used to tailor the activities to meet individual needs. Led by a Kaufman trained SLP.

Letter Fun for Preschool/Kindergarten 9:30-11, July 9-12, 7/16 – 7/19; 2nd session 7/23-7/26, 730 – 8/2 (Min 3 participants) \$490 (per session)

Let's play with letters and sounds to ready your child for reading and writing! Using books, crafts and movement your child's letter identification, letter sound association and vocabulary will soar.

Direct instruction will be embedded in each lesson. Led by a Wilson trained SLP.

Your child needs to be toilet trained and able to attend these sessions independent of a parent.

Groups:

Wee Chatters - 6 weeks June 29-Aug 2 one session per week

Playground games (Red Rover and Red Light Green Light), crafts, and barrier games will help your child practice social language/pragmatic skills This small group is led by an SLP.

Let's get Strategic- 6 weeks June 29-Aug 2 one session per week.

Come out and play! Board games are the theme of this fun group designed to encourage executive function and social language skills. Led by an SLP, participants will learn not only how to play the game but how to be a good player!

Be a super hero! 6 weeks June 29-Aug 2 one session per week.

Star in your own comic book! This group, led by an SLP, will address written language skills through the planning and design of a comic book.

Speech Language Intensives:

Intensives are individual 1:1 speech sessions 3-4 times per week over a 1-2 week period of time. Intensives are billable to insurance.

Please call (847) 329-8226 or email office@weespeech.com for more information.